



We Purchase Locally & Offer Gluten Free Foods! If you have a food allergy please speak to the manager, chef, cook or server.

Monday

Tuesday

Wednesday

Thursday

Friday

FRUIT OF THE MONTH

BANANAS



5
Chicken Burrito
One Dinner Roll
Turkey Bologna & Cheese on WW
Corn
Baby Carrots
Diced Pears
Apple

Cinco De Mayo

12
Chicken Nuggets
One Dinner Roll
Bologna on WW Bread
Corn
Steamed Spinach
Diced Pears
Pineapple Cup

19
Popcorn Chicken
One Dinner Roll
Ham & Cheese Sandwich
Baked Tater Tots
Steamed Spinach
Peach Cup
Applesauce

26

Memorial Day
Schools Closed

6
Hot Dog on WW Bun
Turkey Ranch Wrap
Baby Carrots
Vegetarian Baked Beans
Applesauce
Pineapple Cup

13
Hot Dog on WW Bun
Turkey & American Cheese Wrap
Vegetarian Baked Beans
Baby Carrots
Mixed Fruit
Diced Pears

20
Loaded Beef Nachos
Brown Rice
Chicken Caesar Wrap
Corn
Baby Carrots
Apple
Peach Cup

27
Hot Dog on WW Bun
Turkey & American on WW
Vegetarian Baked Beans
Baby Carrots
Applesauce
Pineapple Cup

7
Roast Turkey Breast w/ Gravy
Brown Rice
Egg Salad Sandwich*
Brown Sugar Glazed Carrots
Steamed Green Beans
Apple
Diced Pears

14
Roast Turkey Breast w/ Gravy
Brown Rice
Chicken Salad Wrap
Steamed Green Beans
Steamed Carrots
Applesauce
Pineapple

21
Chicken Cheese Sandwich
Turkey & American Cheese Wrap
Sweet Red Pepper Strips
Vegetarian Baked Beans
Diced Pears
Orange

28
Taco Tacos
Shredded Cheddar
Brown Rice
Chicken Caesar Wrap
Corn
Baby Carrots
Diced Pears
Pineapple

1
Crispy Chicken Sandwich
Ham & Cheese Sandwich
Banana
Black Beans
Baked Tater Tots
Pineapple Cup

8
Chicken Nuggets
One Dinner Roll
Turkey & American on WW
Corn
Black Beans
Cinnamon Applesauce
Orange

15
Beefy Cheesy Nachos
Brown Rice
Egg Salad on W.W. Pita*
Black Beans
Corn
Banana
Pineapple Cup

Luke Celebrates
Egg Month

22
Chicken Fajita Roll Up
Brown Rice
Turkey Ranch Wrap
Black Beans
Baby Carrots
Sliced Peaches
Banana

29
Smokehouse Pulled Turkey
Sandwich*
Tuna on W.W.
Brown Rice
Black Beans
Corn
Pineapple Cup
Banana

2
Cheese Pizza
Chicken Salad Wrap
Steamed Green Beans
Broccoli
Applesauce
Orange

9
Turkey Pepperoni Pizza
Cheese Pizza
Ham & Cheese Sandwich
Steamed Spinach
Romaine Salad w/ Tomato
Sliced Peaches
Banana

16
Turkey Pepperoni Pizza
Cheese Pizza
Turkey & American Cheese Wrap
Broccoli
Green Peppers
Applesauce
Diced Pears

23
Cheese Pizza
Ham & Cheese Sandwich
Broccoli
Baby Carrots
Peach Cup
Honeydew Melon Cup

30
Cheese Pizza
Chicken Salad Wrap
Romaine Salad w/ Tomato
Sliced Cucumber
Applesauce
Mixed Fruit

We Offer Breakfast Daily

Daily Salad Plates (Include Salad, Bread, Dressing, Protein, add choice of fruit and choice of milk)

- Monday Sliced Turkey Salad
- Tuesday Caesar Salad w/ Breaded Chicken
- Wednesday Egg Salad Plate
- Thursday Tuna Salad Plate
- Friday Chef Salad Plate

If you have any questions or would like additional information regarding this menu please contact your food service director at (914) 737-0201 Ext 322

LUNCH PRICES

Reimbursable Lunch Price \$1.80
Reduced Lunch Price \$0.25
Milk/Chocolate Milk \$0.35
100% Juice 4 oz \$0.35

PREPAID LUNCHES AVAILABLE

10 Lunches \$18.00 20 Lunches \$36.00
30 Lunches \$54.00 40 Lunches \$72.00

LUNCH INCLUDES

Skim Milk, 1% Milk or Skim Chocolate Milk / 100% Juice / Vegetable Choice / Fruit Choice

AVAILABLE DAILY

Whole Grain Bagel w/Butter or Low Fat Cream Cheese and Cheese Sticks / Low Fat American Cheese Sandwich /Jelly Sandwich With Cheese Sticks / Yogurt with Dinner Roll and Cheese Sticks/Daily Salad Special/ Above Lunches Include: Vegetable choice, Fruit choice, Low Fat Milk & Low Fat Mozzarella Cheese

SENSIBLE SNACKS CONTAIN

Fat=7g or less Sat Fat=2g or less

Sodium=360mg or less Sugar=15g or less

Did you know that our menus are healthy, nutritious and flavorful, made from wholesome ingredients? We have very high ingredient standards and strict procedures in place to make sure of it! We also purchase locally when seasonally available. Check us out at www.whitsons.com or scan our QR code to see all that we are doing at your school to keep your kids healthy!



KEY: Vegetarian Pork Healthier Choice